

## DISCLOSURE STATEMENT

Piper Psychological Services, LLC

Dr. Margaret Piper, PhD, Licensed Psychologist Candidate

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*This disclosure statement is intended to inform you about my professional background. It also describes certain aspects of our therapeutic relationship and rights you have as my client.*

*Please read it carefully and ask any questions you may have.*

1. The Colorado Division of Regulatory Agencies has the general responsibility of regulating the practice of licensed psychologists, licensed clinical social workers, licensed professional counselors, licensed marriage and family therapists, certified school psychologists, and unlicensed individuals who practice psychotherapy. The Agency within the Department that has responsibility specifically for licensed and unlicensed psychotherapists is the State Board of Psychologist Examiners: 1560 Broadway, Suite 1340, Denver, CO 80202; Program, Discipline Information (303) 894-7800.
  - a) A Registered Psychotherapist is a psychotherapist listed in the State's database and is authorized by law to practice psychotherapy in Colorado, but is not licensed by the state and is not required to satisfy any standardized educational or testing requirements to obtain a registration from the state.
  - b) A Certified Addiction Counselor I (CAC I) must be a high school graduate or equivalent, complete required training hours and 1,000 hours of supervised experience.
  - c) A Certified Addiction Counselor II (CAC II) must be a high school graduate or equivalent, complete the CAC I requirements, and obtain additional required training hours, 2,000 additional hours of supervised experience, and pass a national exam.
  - d) A Certified Addiction Counselor III (CAC III) must have a bachelor's degree in behavioral health, complete CAC II requirements, and complete additional required training hours, 2,000 additional hours of supervised experience, and pass a national exam.
  - e) A Licensed Addiction Counselor must have a clinical master's degree, meet the CAC III requirements, and pass a national exam.
  - f) A Licensed Social Worker must hold a master's degree from a graduate school of social work and pass an examination in social work.
  - g) A Licensed Clinical Social Worker must hold a master's or doctorate degree from a graduate school of social work, practiced as a social worker for at least two years, and pass an examination in social work.

h) A Psychologist Candidate, a Marriage and Family Therapist Candidate, and a Licensed Professional Counselor Candidate must hold the necessary licensing degree and be in the process of completing the required supervision for licensure.

i) A Licensed Marriage and Family Therapist must hold a master's or doctoral degree in marriage and family counseling, have at least two years post-master's or one year post-doctoral practice, and pass an exam in marriage and family therapy.

j) A Licensed Professional Counselor must hold a master's or doctoral degree in professional counseling, have at least two years post-master's or one year postdoctoral practice, and pass an exam in in professional counseling.

k) A Licensed Psychologist must hold a doctorate degree in psychology, have one year of post-doctoral supervision, and pass an examination in psychology.

#### 1. EDUCATION, DEGREES, TRAINING, AND EXPERIENCE.

BA in Psychology from Texas Tech University (2014)

MA in Counseling Psychology from Texas Tech University (2017)

PhD in Counseling Psychology from Texas Tech University (2020)

Dr. Margaret Piper holds a PhD in Counseling Psychology from Texas Tech University. Dr. Piper completed her doctoral internship at the University of Colorado at Boulder's Counseling and Psychiatric Services, with a specialized focus on treating eating disorders. Dr. Piper completed a postdoctoral residency at a group practice in Denver, CO.

Dr. Piper is currently a Licensed Psychologist Candidate (PSYC.00014596), has passed the EPPP (examination for full licensure, and is currently completing final hours for licensure under the supervision of Dr. Emily Kerr (#4466). Dr. Kerr will be reviewing and signing off on all session notes and any statement of fact letters. If you have any questions or concerns you can contact Dr. Kerr via phone at (720) 571-1130 or via email at ekerr@ekcounseling.com.

1. **LICENSEE BOARD REGULATION.** The practice of licensed or registered persons in the field of psychotherapy is regulated by the Mental Health Licensing Section of the Division of Professions and Occupations. Colorado State Board of Psychologist Examiners under the Colorado Department of Regulatory Agencies (DORA) can be reached at 1560 Broadway, Suite 1350, Denver, Colorado 80202, (303) 894-7800.
2. **THE THERAPEUTIC PROCESS AND CLIENT RIGHTS.** As a client you are entitled to receive information about the methods of therapy, the techniques used, the duration of therapy (if known), and the fee structure.

a. Outpatient therapy services: Piper Psychological Services, LLC provides individual, outpatient therapy services. This means there are no inpatient, residential, or hospitalization services provided within a client's therapeutic services. Should

imminent risk of harm to oneself or others be evident following thorough assessment, Dr. Piper will refer you to the appropriate resources and/or treatment providers.

b. **Therapeutic Orientation and Approaches:** Dr. Piper approaches therapy using an integration of multiple, empirically supported, orientations and methods. Dr. Piper conducts therapy from a lens including Acceptance and Commitment Therapy (ACT), which includes understanding one's values and goals, mindfulness practices, and assisting clients with identifying and acting in line with one's values in order to reach their goals. Dr. Piper also incorporates Cognitive Behavioral Therapy (CBT) into treatment to help clients understand behavioral and thought patterns present in their experiences. Dr. Piper is also relational in her approach. She uses Interpersonal Process Therapy (IPT) to help clients use the therapeutic relationship to better understand themselves and others within the context of other relationships. Other empirically supported treatment methods will also be used as appropriate and on a case by case basis.

c. **Length of Services and Treatment Duration:** Individual therapy sessions last 50 minutes each. Initial intakes may last up to 60 minutes. The duration of counseling depends largely on a client's presenting concerns, level of functioning, goals, and preferences. As a client you are able to terminate therapy at any time, though it is strongly encouraged and can be very beneficial to the therapeutic process and relationship to have a final termination session before concluding treatment. Dr. Piper will be open and communicative from the start and throughout treatment about treatment timelines and collaborative treatment goals.

d. **Fee Structure for in person and telehealth:**

- Initial session/intake (60 minutes): \$185
- Subsequent sessions (50 minutes): \$160
- Method of payment accepted: All major Credit Cards or HSA cards
- A select number of sliding scale appointments are available. Please inquiry about sliding scale fee options as availability may vary.

3. **ADDITIONAL CLIENT RIGHTS AND RECORD INFORMATION.** You have the right to seek a second opinion from another therapist or may terminate your therapy at any time. Your records will be maintained for a period of seven years commencing on the date of termination of services or on the date of my last contact with you, whichever is later.
4. **PROFESSIONAL RELATIONSHIP AND SEXUAL INTIMACY.** Within a therapeutic relationship, sexual intimacy is never appropriate and should be reported to the Colorado State Board of Psychologist Examiners, under the Colorado Department of Regulatory Agencies (DORA). DORA's office can be found at 1560 Broadway, Suite 1350, Denver, Colorado 80202. DORA's telephone number is: (303) 894-7800.
5. **CONFIDENTIALITY.** All session content and all relevant materials to your treatment will be held confidential unless you request in writing to have all or

portions of such content released to a specifically named person/persons. Occasionally I may need to consult with other professionals in their areas of expertise in order to provide the best treatment for you. Information about you may be shared in this context without using your name. Limitations of such client held privilege of confidentiality exist and are itemized below:

- a. If a client threatens or attempts to complete suicide or otherwise conducts themselves in a manner in which there is a substantial risk of incurring serious bodily harm.
  - b. If a client threatens grave bodily harm or death to another person.
  - c. Confidentiality may also be waived if there is suspected or knowledge of abuse and/or neglect of a child, dependent adult, or elderly individual. This includes any past or present event in which a child, dependent adult, or elderly individual is at risk of abuse or neglect. All therapists are required by law to report such instances to the appropriate Denver Dept of Social Services.
  - d. If a court of law issues a legitimate subpoena for information stated on the subpoena.
  - e. If a client is in therapy or being treated by order of a court of law, or if information is obtained for the purpose of rendering an expert's report to an attorney.
6. **COMPLAINTS.** While I encourage you to discuss any concerns or complaints with me directly, you are also able to file a complaint with:

Colorado Board of Psychologists Examiners

Address: 1560 Broadway, Suite 1350  
Denver, Colorado 80202

Phone: (303) 894-7800